



TRANSITION TO ADULT HEALTH CARE

CHILDREN'S HOSPITALS



[CHOP Transition to Adulthood Services](#)

[Children's Hospital of Pittsburgh Adolescent to Adulthood Transition Care Program](#)



Children's Hospital of Philadelphia (CHOP) and Children's Hospital of Pittsburgh both offer transition-to-adulthood health care services that help teens and young adults move from pediatric care to adult health care systems. These programs focus on building skills like managing appointments, medications, and insurance, while coordinating with adult providers so the transition is planned, supported, and not abrupt.

CENTER FOR TRANSITION TO ADULT HEALTH CARE



**Center for
Transition to Adult Health Care
for Youth with Disabilities**

The Center for Transition to Adult Health Care for Youth with Disabilities is a national health care transition resource center that provides tools, information, and training to help youth and young adults with intellectual and developmental disabilities (ages 12–26), their families, and clinicians plan and manage the move from pediatric to adult health care without gaps or loss of quality. It offers resources such as toolkits, guides, videos, and supports self-advocacy and readiness so young people can direct their own transition successfully.

GOT TRANSITION



Got Transition is the U.S. national resource center focused on improving the process of moving from pediatric to adult health care by providing evidence-based tools, resources, and the Six Core Elements framework for clinicians, youth, young adults, families, and caregivers. Its work supports planning, readiness, and structured transition practices so young people can gain the skills and system supports they need to succeed in adult-centered care.



SPECIAL NEEDS DENTAL SERVICES

ACCESSIBLE DENTAL SERVICES



Accessible Dental Services is a nonprofit dental practice dedicated to providing specialized, high-quality dental care for individuals with intellectual disabilities, autism, and behavioral health needs in safe, supportive settings. They offer comprehensive treatments (including non-sedation and IV sedation options) at multiple Pennsylvania clinics and via a mobile dental unit, and accept a broad range of insurance plans including Medicaid and Medicare to help ensure access and affordability.

SPECIAL SMILES



Special Smiles, Ltd provides specialized dental care for people with physical, intellectual, psychological, or developmental disabilities, offering comprehensive oral health services often under general anesthesia in a single annual visit to ensure safety and comfort. Their team also helps patients and caregivers with non-clinical needs like medical clearances and insurance navigation to make accessing dental care easier and less stressful

PENN DENTAL AND PITT DENTAL



Penn Dental Special Needs Dentistry at Penn Dental Medicine's Care Center for Persons with Disabilities offers tailored, comprehensive oral healthcare for people **14 years and older** with physical, developmental, intellectual, or sensory disabilities who may face barriers getting care elsewhere. The University of Pittsburgh School of Dental Medicine's Center for Patients with Special Needs provides comprehensive dental care tailored to people with physical, developmental, neurological, and behavioral challenges.



DISABLED ADULT CHILD/ CHILDHOOD DISABILITY BENEFITS

SOCIAL SECURITY ADMINISTRATION



The Social Security Administration's "Benefits for Children With Disabilities" publication explains how children under age 18 (and adults with disabilities since childhood) can qualify for Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) benefits, including eligibility rules, how disability is defined, and how to apply. It also summarizes work supports, health coverage options like Medicaid/Medicare, and programs that help young people with disabilities pursue education and employment while maintaining benefits.

CPT BENEFITS PRESERVED



**Benefits
Preserved**
Est.1994

®

The Childhood Disability Benefit (CDB) is a Social Security program that lets a person whose disability began before age 22 receive disability benefits based on a parent's work record when that parent is retired, disabled, or deceased, often providing higher monthly support than SSI and leading to Medicare eligibility after two years. The guide explains who qualifies, how benefit amounts are determined, and conditions that can affect or end CDB, helping families understand how to secure and maintain this support.

FAMILY VOICES



Family Voices helps families understand, access, and navigate health care coverage for children and youth with special health care needs by offering one-to-one support, education, and referrals through state Family-to-Family Health Information Centers. They guide families on insurance options (like Medicaid and private insurance), appeals and denials, and how to coordinate care so children can get the services they need.



ADDITIONAL RESOURCES

PA HEALTH LAW PROJECT RESOURCE LIBRARY



PHLP's Resource Library: Here you will find self-help materials related to various Medicaid and health law topics. Look for information using the search box below or click "Filter Resources" to narrow your results by topic. If you have questions about our materials or to request accessibility accommodations, please e-mail staff@phlp.org.

AUTISM AND THE DOCTOR VISIT: COMMUNICATION TIPS FOR SUCCESS



The Autism Speaks guide explains that clear, proactive communication between families and healthcare providers before, during, and after a doctor visit, such as calling ahead to discuss accommodations, using simple direct language, and sharing what has worked or hasn't, can help make appointments more successful for people with autism. It also recommends strategies like using visual supports, planning for sensory needs, and reinforcing cooperation to reduce stress and improve the overall experience.

PROGRESSIVE EVALUATION & REFERRAL CENTER (PERC)



The Progressive Evaluation & Referral Center (PERC) at UPMC is a specialized primary care clinic for adults with complex lifelong medical conditions, intellectual or developmental disabilities, or technology-dependent needs, offering coordinated, longer, individualized care from physicians trained in both adult and pediatric medicine to help with transitions from pediatric to adult care.