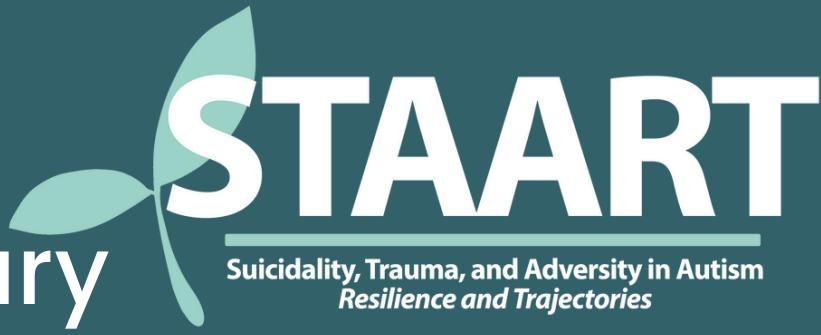


Research Study Summary



What is the study about?



The STAART study aims to understand how trauma and adversity impact suicide risk in autistic adults. We will also study ways resiliency can reduce this risk.



Participants will answer questions about their thoughts, feelings, and experiences. They will also answer daily questions on their phones about their experiences.



This is a research study.

This study does NOT include treatment.

Am I right for the study?

We want to talk to adults ages 18–45 who:

- Are autistic or think they are autistic
- With or without thoughts of suicide

Participants must be willing and able to complete ALL parts of the study. Final eligibility is determined by research staff after the first visit to the research offices.

Participants may participate in this study online, in person, or a combination of both.

Steps in this study

Preliminary Steps

A Screening & Learn about STAART

B Eligibility & Diagnostic Testing

1 Interviews with Clinical Research Staff 

2 2 hours of surveys at home 

3 Daily Phone Surveys for 8 weeks 

Repeat at
6 months
& 12 months

4



Preliminary Steps

A Screening & Learn about STAART

Before joining the study, you will meet with staff virtually. You will do this at home in a quiet place.



You will be sent a Zoom link prior to the appointment that will be used to log in.

In this meeting, you will:

- Learn about the study.
- Go over the consent.

B Diagnostic Testing & Eligibility

Staff will meet with you and collect the final information to see if you are eligible to participate in the study, and to get you enrolled in the study.

This will include information to set you up in their payment system.

This visit will include:

- Autism diagnostic assessment.
- Interview on your thoughts, feelings, and experiences
- IQ Assessment

If you already have an autism diagnosis, interviews will include questions about this as well.

Study Participation Steps

1 Clinical Interviews

If you are eligible to continue with the study, we will schedule an appointment for you to meet with our clinical staff.

During this appointment, you will:

- Complete brief computer tests on the way your brain thinks.
- Interview about experiences & symptoms of trauma.
- Interview about current or historical suicidal thoughts and behaviors.



2 2 Hours of Surveys at Home

You will then complete 2 hours of surveys on the computer.

Surveys will ask you about:

- Your mental health
- Experiences of trauma
- Experiences of adversity
- Community and social supports



3 Daily Phone Surveys for 8 weeks

After you finish your surveys, we will send you a short survey every day for 8 weeks.

You will answer the questions on your own. The survey is 5 minutes long.

The phone survey will ask you about:

- Your thoughts, feelings, and actions
- Experiences of trauma
- Experiences of adversity
- Community and social supports



4 Repeat Surveys & Interviews

6 months after you join the study, you will:

Schedule an appointment with clinical research staff (in person or virtual).

You will complete:

- Interview about suicidal thoughts and behaviors
- Experiences and symptoms of trauma

Complete 2 hours of surveys at home.

12 months after you join the study, you will:

Schedule an appointment with clinical research staff (in person or virtual).

You will complete:

- Interview about suicidal thoughts and behaviors
- Experiences and symptoms of trauma

Complete 2 hours of surveys at home.

Questions & Answers

What if I change my mind?

Participating in this study is completely YOUR CHOICE.



You can stop at any time.

You will be paid for all of the parts of the study that you do, even if you decide not to do everything.

Are there benefits?



Direct benefit cannot be guaranteed.

Participants may request feedback regarding their autism diagnostic testing.

Those who meet criteria for an autism spectrum disorder diagnosis may request documentation by a licensed psychologist on the research team.

Will I be paid?

Yes. You will be paid up to \$700 for doing all parts of the study.

You will be paid for each step separately, as it is finished.

- 1 Diagnostic testing & Clinical Interviews: \$100
- 2 Online Surveys: \$50
- 3 Daily Surveys for 8 weeks: up to \$200
- 4 6-month Online Surveys & Clinical Interviews: \$150
- 5 12-month Online Surveys & Video Interviews: \$150
- ★ Bonus for doing everything: \$50

How do I get started?

- 1 Visit www.reaact.pitt.edu/STAART to learn more about the study
- 2 Call 412-246-5485 to find out if you might be a good fit for the study
- 3 If interested, schedule your first appointment to enroll and learn if you are eligible

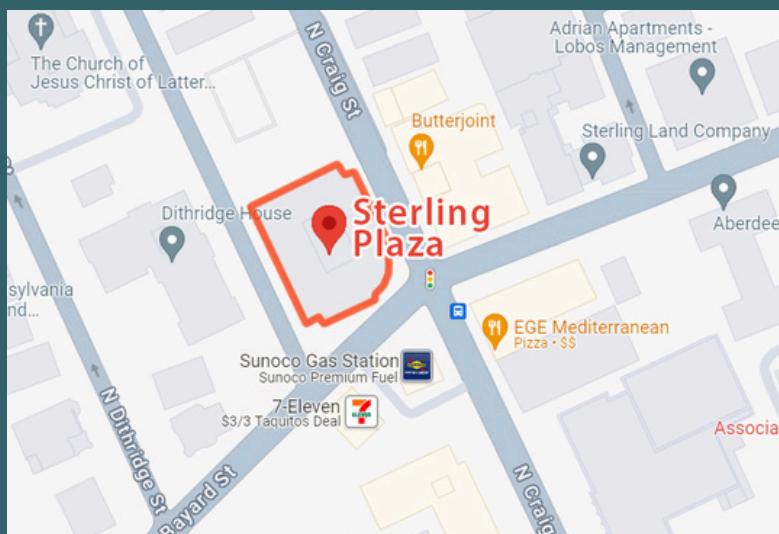
Where to Go: In Person Visits

Sterling Plaza



Your **in person visits** will take place at the ACE Research Program's location in Sterling Plaza.

Address:
201 N Craig St.
Pittsburgh, PA
15213



You will enter via the main entrance on N Craig St. and head to Suite 405

- Go past the security guard's desk and make a slight right down the hallway until you see the two silver elevators.
- Press the up arrow button to get in the elevator.
 - When you are in the elevator, press the 4 button to get to the 4th floor.
 - Once you exit the elevators, make a left down the light green carpet.
- Ring the doorbell next to the double glass doors with the Pitt REAACT Lab signage.
- Staff will come open the door for you.