

FIRST RESPONDER INFORMATION CARD

I am autistic

I would like to cooperate. To help me, please see **reverse** for more information.

NAME:

PHONE:

ADDRESS:

MEDICAL NOTES:

EMERGENCY CONTACTS

NAME:

PHONE:

NAME:

PHONE:

Autism is a disability that may affect the best way to support me in a crisis.

To help me cooperate in a crisis, please...

- Clearly identify yourself as a first responder
 - **Call one of my Emergency contacts**
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Because of autism, I may involuntarily...

- Panic or react to being touched or restrained
- Be triggered by sounds, lights, or other sensations
- Have uncontrolled speech, movement, and actions
- Misinterpret or misunderstand directions
- Suddenly not be able to speak or move
- Appear to not be listening or avoid eye contact
- Seem rude or speak with an unexpected tone